

FALL RISK MANAGEMENT

Measurement Specifications for Star Ratings Program



Measurement Description

This measure assesses falls risk management.

Measurement Source

HEDIS 2020-2021/ HOS 2020-2021

Denominator

Medicare members 65 years of age or older who had a fall or had problems with balance or walking in the past 12 months who were seen by a practitioner in the past 12 months and who received fall risk intervention from their current practitioner.

Numerator

The following rates are calculated:

- The percentage of patients who *discussed falls* or problems with balance or walking with their current practitioner (responded “yes”).
- The percentage of patients who received *fall risk intervention* from their current practitioner (responded “yes”).

Exclusion Criteria

Age	Anyone <65 or >65 without balance or walking problems or who have not had a fall.
Office Visit	Patients who were not seen by a practitioner in the past 12 months.
Hospice	For Medicare reporting, exclude patients who actively receive hospice services any time during the measurement year.

NOTES

Health Outcomes Survey Questions

Q48. A fall is when your body goes to the ground without being pushed. In the past 12 months, did you talk with your doctor or other health provider about falling or problems with balance or walking?

Q49. Did you fall in the past 12 months?

Q50. In the past 12 months, have you had a problem with balance or walking?

Q51. Has your doctor or other health provider done anything to help prevent falls or treat problems with balance or walking?

Best Practice

- Conduct Medication Reviews with patients to determine any ill side effects like dizziness or drowsiness that may increase risk of falls.
- Encourage participation in exercise to promote strength and balance.
- Make education materials easily accessible for patients
 - See CDC STEADI (Stopping Elderly Accidents, Deaths & Injuries) Program
 - Materials for Patients <https://www.cdc.gov/steady/patient.html>
 - Materials for Health Care providers <https://www.cdc.gov/steady/materials.html>

Star Ratings Performance Thresholds

Year	1 STAR	2 STARS	3 STARS	4 STARS	5 STARS
2014	< 50%	≥ 50% to < 54%	≥ 54% to < 59%	≥ 59% to < 71%	≥ 71%
2015	< 50%	≥ 50% to < 55%	≥ 55% to < 59%	≥ 59% to < 73%	≥ 73%
2016	< 53%	≥ 53% to < 60%	≥ 60% to < 67%	≥ 67% to < 73%	≥ 73%
2017	< 53%	≥ 53% to < 57%	≥ 57% to < 63%	≥ 63% to < 73%	≥ 73%
2018	< 52%	≥ 52% to < 59%	≥ 59% to < 66%	≥ 66% to < 74%	≥ 74%
2019	< 48%	≥ 48% to < 54%	≥ 54% to < 61%	≥ 61% to < 70%	≥ 70%
2020	< 49%	≥ 49% to < 54%	≥ 54% to < 60%	≥ 60% to < 68%	≥ 68%
2021	< 49%	≥ 49% to < 54%	≥ 54% to < 60%	≥ 60% to < 68%	≥ 68%